



CAROLYN PHILLIPS

BSW, RSW, MACP, Social Worker

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Health Management Solutions

Ms. Carolyn Phillips, earned a Master's of Arts in Counselling Psychology from Yorkville University, in Fredericton, New Brunswick (2007) and a Bachelor of Social Work, from the University of Windsor (1989).

Carolyn is a Professor teaching the Fundamentals of Addictions for the Addictions Counsellor Diploma program at Fanshawe College. Her clinical experience includes over 7 years of community based assessment and therapeutic counselling intervention.

Carolyn has provided a variety of assessments and therapeutic counselling to individuals, couples and families including Cognitive Behavioural Therapy, Mindfulness, and Dialectical Behavioral Therapy.

Carolyn's main areas of interest include the development and implementation of protocols and treatment for Acquired Brain Injured and addictions, play therapy for children ages 3-16 years of age, standardized depression, anxiety, and chronic pain.

Carolyn is a registered Social Worker with the Ontario College of Social Workers and Social Service Workers and a member in good standing with the Ontario Association of Social Workers.

EDUCATION

- Master's of Arts in Counselling Psychology, (2007), Yorkville University, Fredericton, New Brunswick
- Bachelor of Social Work, University of Windsor (1989)

SERVICES

- Social Work Assessment & Treatment
- Cognitive Behavioural Therapy
- Brief Solution Focused Therapy
- Addictions Counselling
- Individual, Family & Couple Counselling

AREAS OF PRACTICE

- Acquired Brain Injury
- Musculoskeletal/Soft Tissue
- Mental Health/ Dual Diagnosis
- Geriatrics
- Paediatrics
- Chronic Pain

CAROLYN'S SERVICE AREAS

