



## CATHY SYDOR

Occupational Therapist,  
B.A., B.Sc. (OT), OT Reg. (Ont)

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### Cathy is an Occupational Therapist with over 24 years of clinical practice in community rehabilitation, school health and homecare.

She provides assessment and treatment to clients with varied health issues and conditions including physical and psychiatric ailments for pediatric to geriatric clientele. She has practiced in the auto-insurance sector for over 21 years completing independent examinations, providing mobility aids for the Assistive Devices Program and designing and implementing individualized treatment programs where functional problems are identified. She has provided medical legal opinions on function and has standing in the Superior Court of Ontario as an expert witness on matters of Occupational Therapy including Functional Ability Evaluations.

### EDUCATION

1991 – University of Western Ontario, London, ON  
Bachelor of Science (Occupational Therapy)  
1988 – University of Western Ontario, London, ON  
Bachelor of Arts (Psychology)

### SERVICES

- Functional Abilities Evaluation
- In-Home Assessments & Treatment
- Assessment of Attendant Care Needs (Form 1)
- Ergonomic Assessments
- Physical Demands Analysis/Job Site Analysis
- Cognitive Demands Analysis
- Hospital Discharge (QuickCare)
- Return-to-Work Program

### AREAS OF PRACTICE

- Neurological
- Musculoskeletal/Soft Tissue
- Orthopaedics
- Geriatrics
- Trauma
- Youth
- Paediatrics
- Mental Health
- Chronic Pain

### CATHY'S SERVICE AREAS

